

**WE CLAIM**

1. Balancing jacket for diving activities equipped with integrated packing system for its transport, characterized in that onto two areas symmetrically opposed with respect to the middle of the back portion of the jacket cooperating connecting means are applied, which connect said portions in an easily engageable and releasable way.

2. Jacket according to claim 1, characterized in that said means are applied in positions symmetrically opposed with respect to the middle of the back portion of the jacket.

3. Jacket according to claim 1, characterized in that said cooperating means consist of two wings or strips of fabric joined on one of their sides to opposite sides of jacket, and provided on their free sides with connecting cooperating elements.

4. Jacket according to claim 1, characterized in that said cooperating means consist of two areas on the edge of the back of said jacket, said cooperating connecting means being fastened onto said areas.

5. Jacket according to claim 3, characterized in that said connecting cooperating elements consist of zip-type or Velcro-type elements, or of

automatic button or similar fast coupling elements.

6. Jacket according to claim 3, in which said strips or wings are fastened to the jacket by sewing.

7. Method for packing a balancing jacket for diving activities by means of an integrated wrapping system, comprising the following steps: (a) tidily folding the components of the jacket on the front side; (b) assembling said elements as a package by pulling said complementary connecting means on the back portion of the jacket, and (c) firmly connecting said complementary connecting means, thus forming a compact package or assembly.

8. Balancing jacket for diving activities equipped with integrated packing system for its transport, and method for packing it, substantially as described and shown and to the purposes mentioned above.